

## **When Your Way Isn't Working Session 2: The Wheel of Emotions**

**(Pages 23-28) Luke 5:1-11**

### **Connect**

If you haven't already, go around in your group and make introductions. Then, to get things started, discuss one of the following questions:

- What is something that spoke to your heart in last week's personal study that you would like to share with the group?
- When have your emotions shown you that something was off in your life?

### **Read and Watch**

Read **Luke 5:1-11** as a group

If you haven't already, watch the video for this session (Session 2: The Wheel of Emotions). As you watch, take notes on statements and concepts that stand out to you.

### **Discuss**

Now discuss what you just watched by answering the following questions.

1. Whether or not you think much about your feelings, your emotions can reveal a lot about what's going on inside your heart. When have your emotions let you know that something might be off in your life?
2. When have you put a lot of effort into something, only to find that it wasn't working? How did it feel at that point?
3. We just read Luke 5:1-11. Jesus, who wasn't a fisherman, told Peter, the expert fisherman, to go back out after a long night of catching nothing and let down his nets again. How would you have felt if you were in Peter's position? Why?
4. What are you especially good at? How much do you tend to depend on your own experience or expertise rather than let Jesus control your circumstances?
5. Consider this statement from the teaching: "Peter gives the only response that is the right response when your way isn't working: 'Because you say so, we'll let down the nets' (v. 5)" When have you said yes to Jesus when you didn't feel like it? What was the result?

## Respond

It is disheartening when we try to accomplish a goal but end up with nothing to show for our efforts— especially when we're trying to do something positive like mend a friendship, strengthen a marriage, or succeed in our work. In times like these, our emotions can get the best of us. But Jesus' way *always* works. Take a few minutes on your own to think about what emotions might be flashing in your life right now, and then answer the questions below.

- What spoke most to your heart from the video teaching and the Scripture reading?
  
  
  
  
  
  
  
  
  
  
- What is God stirring you to do as a result?
  
  
  
  
  
  
  
  
  
  
- How will this strengthen your connection to Jesus?

## Pray

End your time by praying together as a group. As you pray, ask God to help you be honest about how your emotions might indicate a need to check your connection with him. Ask if anyone has prayer requests, and write those requests in the space below so you and your group members can continue to pray about them in the week ahead.

---

---

---

---

---

---

---