

SERMON SERIES: SUMMER IN THE PSALMS

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Sermon title:

“What Do I Pray For?”

Introduction

This past week we have been learning about Psalm 19. From Psalm 19 we learned that God’s will is perfect, His ways are perfect, and His word is perfect. This week we are continuing to move through the book of Psalms by looking at multiple psalms. Our focus is shifting to how we can learn to pray from the book of Psalms and the different types of prayers found in it. Sometimes we are unsure of how to pray, and our goal for this week is to begin praying in a way we have never prayed before so that God can move in our hearts.

- Have each group member give a high and low of their week. What was one thing good from this past week? What was one thing that was not so good?

Seek the Word

There are 4 psalms we focus on this week. Psalm 70, 139, 51, and 61. Pick one of these psalms to read. After reading, answer these questions:

- What can we learn about people from this psalm?
- What parts of God’s character are on display in this psalm?
- Which type of prayer is being used? (Help me, search me, forgive me, lead me)
 - How can you tell?

Go Deeper

Dig a little deeper on the context of one of our psalms for this week. They were all written by David. Using your Bible, other resources may be helpful too, see if you can figure out when and why David wrote these psalms. Consider asking, “are there other Bible verses that give us hints?” or “Is it quoted in the New Testament somewhere?” as well.

Talk About It

- What has your prayer life looked like recently? Give a few words to describe it.
- How has your experience with prayer shaped your relationship with God?
- There are four types of prayers found in the Psalms: Help me, search me, forgive me, and lead me. Which type of prayer is easiest for you? Which is hardest?
- How can we best support each other in our walk with Jesus this week?

Wrap Up

Reminder: When we pray like we’ve never prayed before, we’ll grow like we’ve never grown before.

Challenge: Choose one psalm this week that you think applies to your current season of life. Each day this week, pray using the psalm you have chosen. Read the psalm twice, slowly and out loud, each day for seven days. At the end of the seven days, reflect on your experience.