

SERMON SERIES: SUMMER IN THE PSALMS

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Sermon title:

“Psalm 1.”

Introduction

We wrapped up our series through the book of Jonah last week. We spent three weeks talking about the story of Jonah, how he ran from God’s mission, and what we can learn from it all. This week we are starting a new series, Summer In The Psalms. For the next several weeks we are going to be working through some specific psalms together to see how God speaks to us through them.

- Do you have a specific song you listen to when you are nervous, stressed, angry, etc.? Why is it special to you?

Seek the Word

Read Psalm 1.

- What contrasts does this psalm make?
- Who are the wicked and the righteous this psalm mentions?
- Verse 2 mentions meditating on God’s law. What might it mean to meditate on God’s law? How does this look?
- Which characteristics of God are highlighted in this psalm?

Go Deeper

The book of Psalms has several authors. Spend some time learning about the different authors, which psalms they wrote, common themes they shared, etc. A Bible, a concordance, and online resources may be helpful.

Talk About It

- How would you describe your spiritual rhythms right now (Bible reading, prayer, sabbath, etc.)?
- Which spiritual rhythm would you like to grow in? How can you do that?
- When is it easiest to meditate on God’s law? When is it difficult?
- How can we discern the voices of the righteous people in our lives?

Wrap Up

Reminder: Praise God that the world that judges us right now will not be our judge.

Challenge: This week, memorize Psalm 1. When you are in difficult seasons or going through a trial, you will be able to repeat this psalm back to yourself as a reminder of who God is and how He cares for you.