

**SERMON SERIES:** INDICATORS

**SPEAKER:** RYAN LINGBLOOM

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## Key Line

“Indicators: Anger.”

## Introduction

Last week we began our series called Indicators, talking about how we have indicators of problems in our spiritual lives. We talked about anxiety as an indicator last week. This week we continue the series by looking at anger as an indicator, and what God’s heart for us in our anger is.

- Do you have any pet peeves, or small things that frustrate you? What are they?

## Seek the Word

Read Ephesians 4:26-27.

- What does this passage tell us about the relationship between anger and sin?
- What does verse 27 mean when it says to “give the devil a foothold?”

Read Proverbs 29:11.

- From Scripture, what examples of this can you think of?

Read 1 Peter 2:23.

- What does this verse tell us about how Jesus trusted God to settle accounts?
- This verse says that Jesus did not retaliate. What does that tell us about God’s heart for people?

## Go Deeper

Not all anger is righteous anger. Using your Bible, Logos, or the Blue Letter Bible, search for examples of righteous anger in the Bible. Make a short list of examples. How do those examples compare to unrighteous anger?

## Talk About It

- Rhinos express their anger and porcupines suppress their anger. Which do you relate to more? Why is that?
- Is there a situation in your life right now that you need to acknowledge and seek forgiveness from? What barriers are preventing you from doing that?
- What situations do you find yourself becoming angry in? What can you do differently when placed in that situation?
- How can you encourage others to look to Jesus in their anger?

## Wrap Up

*Reminder:* When we get angry, we can see it as an opportunity to turn to God.

*Challenge:* Think of the situations where you find yourself getting angry. Create a list of action steps to take when you find yourself in those situations. Focus on how you can look to honor God even when angered.