

SERMON SERIES: INDICATORS
SPEAKER: SCOTT BECKENHAUER
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Key Line

“Indicators: Anxiety.”

Introduction

Last week we concluded our series One on One With Jesus, talking about conversations with Jesus that can transform our lives. This week we are starting a new series called Indicators where we will look at the indicators of a problem in our spiritual life. This week, we are talking about the indicator of anxiety.

- Do you have any stories of times when you felt anxious? (Public speaking, taking a test, making a big life decision, etc.)

Seek the Word

Read Mark 4:35-41.

- What does this story tell us about the power of Jesus?
- How do the disciples respond to Jesus in verse 41?
- How does this story reflect God’s heart for His people?
- What does verse 40 tell us about Jesus’ relationship with the disciples?

Go Deeper

Sometimes the words used in English do not have the same depth as the words used in the original Biblical languages. Using either the Logos or Blue Letter Bible apps, look into the original meanings of some of these words to help gain a more in-depth understanding of the story.

- Rebuked (v. 39)
- Peace (v. 39)
- Obey (v. 41)

Talk About It

- What does it look like for you to get in the boat with Jesus?
- What areas of life can it be hard to see Jesus in? What areas are easy to see Jesus?
- How could your life be different if you praised Jesus in the middle of anxiety?
- How can we feel knowing that Jesus can provide peace in our anxiety?

Wrap Up

Reminder: Help one another find and make peace with God.

Challenge: Each day this week, spend time in prayer asking God to provide peace about your anxieties. Create a list of action steps you can take when faced with anxiety.