

**SERMON SERIES:** Relationships  
**SPEAKER:** Jason Epperson  
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## Seek the Word

Read Matthew 5:13-16.

- Jesus begins by comparing his followers to salt. What happens when salt gets into a wound? (*It hurts. It points out the fact that you are hurt.*)
- What are some of the uses of salt?
  - *It purifies.*
  - *It brings taste. It brings goodness and flavor to the food.*
  - *It preserves.*
- How are we like salt in a community? (*We bring goodness and flavor, we bring healing.*)
- What happens when salt loses its saltiness? (*It is good for nothing.*) What happens when we lose our “saltiness”? (*We are no longer effective representatives of Christ in the world.*)
- What does Jesus compare us to in verse 14? (*Light*)
- How are Christians like light? (*Light shines in darkness and brings light to it. Darkness cannot stay around light. Christians bring light to the world. We bring God’s clarity and wisdom. We light the way and show how to get to Jesus.*)

## Talk About It

- Tell about a time when you’ve been in the darkness and needed a light. How did you feel? What happened when the light came on?
- Who has been light and salt to you? Who brought God’s light and truth into your life?
- Have you been salt and light to anyone else? Describe that experience.