

Armor of God Snack

What You Need: plates, foods to represent the armor of God

What You Do: Create a snack out of foods you have on hand to form the armor of God.

Say, **“We’re going to do another scavenger hunt this week. We are looking for foods that we can use to represent the various parts of the armor of God.”**

Suggestions:

Helmet of Salvation—scoop chips, pretzel knots

Sword of the Spirit—cheese sticks, celery sticks, pretzel rods, carrot sticks

Breastplate of Righteousness—bell pepper, cookies, round crackers

Belt of Truth—baby carrots, licorice

Shield of Faith—potato chips, oval crackers

Shoes of Peace—mandarin oranges, Cheetos

Arms/legs—pretzel sticks, licorice,



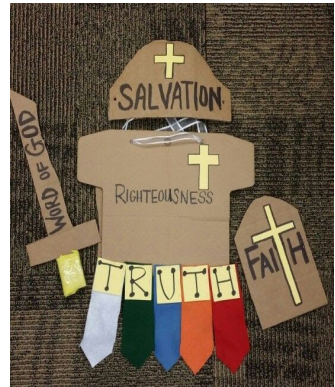
Once you decide on the food you want to use, help your kids create the armor of God on a plate. When you're finished, talk about what each piece of food represents and how it helps you. Enjoy your snack!

Armor Craft

What You Need: cardboard, poster board, paper, paper bags, etc.; tape; markers; scissors

What You Do: Create the armor of God using whatever supplies you have on hand.

Put on each piece and talk about what it is and how it helps you. Say, **“God gave us armor to help protect us. Let’s wear it with confidence!”**



Other Options:

[Bible Verse Coloring Page](#)

[Armor of God Puzzle](#)

[Soldier Coloring Page](#)

[Armor Craft](#)

