

worth
FOLLOWING

week 1
THE BREAD OF LIFE

TEXT

John 6

TRUTH

Jesus is all that we need.

▶ **START HERE**

In one minute or less—what brought you to join our group?

GO TO THE BIBLE

- We're gonna check out a passage where Jesus makes a bold claim about why he's worth following. Check out **John 6:25-29**.
- Why do you think Jesus quickly calls out the people for being more interested in bread than the signs they ask for? What does that tell you about his confidence and understanding of the situation?
- In **verse 28**, they ask about what God requires; what does he condense it down to?
- Continue reading in **John 6, verses 30-51**. This is a long one, so break it up!
- Look through the verses we just read (**30-51**) and point out the places in this section that tell us about who Jesus is and what he will do.
- Which claims do you think are hardest for the crowd to accept or understand? Are these the same claims that WE find hard to accept or understand?

WHAT NOW?

- Take some time to pray for what God will do in and through your group; tell him what you want it to be and ask him to be a part of it. One way you can do this is to ask your group: 'What do you want God to do in and through our group?' Then, have one person close with a simple prayer offering those dreams to God.
- Finish by making sure your group has each other's contact information so they can continue to communicate with one another.

TALK ABOUT IT

- How do you discern in your own life whether something—or someone—is something you can count on? How strong are you at judging this? What are some of the things you've been able to count on the most?
- We're often understandably disappointed when it turns out we can't count on something or someone, or when things don't sustain us like we thought they would. Do you typically know it's coming, or does it take you by surprise? What has that looked like for you?
- Look back at **verses 33 & 34**. Jesus compares himself coming to the world to God providing manna/bread for the Israelites in the desert. The manna satisfied an urgent hunger in them, and Jesus' presence is meant to satisfy a deeper hunger in all people. What is this deeper hunger—in your experience, what kinds of things are people really looking for?