



## 21-DAY PARENTING CHALLENGE

We pray that God gives you great vision as He moves in and through you these three weeks!  
For questions, help, or prayer, please contact us at [connections@calvary.ch](mailto:connections@calvary.ch).

- Day 1** - Choose a way to help your kids. Do their chores alongside them, create something that solves a problem together, or talk them through a situation. Pray that all of you would have eyes to see how to serve one another.
- Day 2** - Just a few of you or as a whole family, make a meal together. Plan a time to do it again. Pray that the time spent doing little things would open up conversations that are lasting and foundational.
- Day 3** - Brainstorm with your family a way to serve the neighbors around you. Pray that God would show you the people that need it, and then plan the details around a way to serve them. Pray your family would always see the neighborhood this way.
- Day 4** - Send mail together to relatives that live far away. Pray together for those people.
- Day 5** - Have a family game night. Pray your family would have relationships that are safe and fun.
- Day 6** - Find a way to pray together for your children's schools: a poster, a journal, a group text, a prayer walk – whatever works for you. Brainstorm a list of things to pray about together, and challenge each other to pray regularly for their schools.
- Day 7** - Model loving your spouse for your kids – notes that they can see, words they can hear. Do something tangible today that shows your kids how much you appreciate your spouse. Pray that your marriage would be both a foundation to your parenting and model sacrificial love to your children.
- Day 8** - Curl up together with electronic devices and show each other fun things you find online. Goofy videos, funny memes – talk about what makes you laugh and see where the conversation leads. Pray for your children's identity and safety as they grow up in this era, as well as for ongoing conversations with them.
- Day 9** - Go for a walk, play a game of pick-up ball, or take a fitness class together. Pray for the health of your family.
- Day 10** - Work with your kids individually to plan random acts of kindness for their siblings and other parents. Pray that your children would know and see kindness and sacrifice.
- Day 11** - Create a thankful jar. Let them design what it looks like and how it works, and create ways for your family to talk about what they're grateful for together. Pray that gratitude would be a steady, influential part of your family.
- Day 12** - Ask your kids about their faith. What does Jesus mean to them, and how does He affect them every day? Pray your family would always seek to know Christ more, that your children would seek after him, that you would lead in that.

- **Day 13** - Talk about your traditions. Holidays or even regular days – what does your family always do and why? Are there any new traditions you want to start? Pray that traditions would be a reminder of great relationships and a legacy to pass on. Pray that acts of faith would be an important tradition in your family.
- **Day 14** - Pick a way to encounter the Bible together. Whether that's a reading plan tailored to everyone, a shared memory verse on the bathroom mirror, or a family reading time after dinner or before bed, choose a way to encounter Scripture as a group. Pray your family would encounter Scripture in ways that change their lives.
- **Day 15** - If appropriate, allow your kids to skip 'Calvary Kids' so they can tag along where you serve and worship, seeing how you're a part of the church. Pray that your family would always respond to a purpose bigger than themselves and that you would be an example of a servant leader to them.
- **Day 16** - Talk to your kids about their experience at Calvary – in Calvary Kids or Oneighty. Then consider ways to support those ministries – by serving in that ministry, praying for or encouraging the volunteers there, or talking to the leaders about what their needs might be. Pray for the other people that will shape the lives of your children: teachers, relatives, coaches, church volunteers. Pray about the *other* children in your life – nieces and nephews, children at church – and how you might invest in them.
- **Day 17** - Go to a sporting event or community event together. Pray your family would engage in the community in ways that are fun and serving, and that you can teach them balance between having fun in our culture and still seeing it the way God does.
- **Day 18** - Choose a book to read together. Read a little at a time or on a road trip, and then see the movie, play a game, or do something fun to talk about it. Pray that your kids would learn and grow in ways that allow them to meet the potential God has created in them.
- **Day 19** - Plan a fun day, road trip, or vacation together. Get everyone's opinion, work together to pick preferences, talk about budget, give everyone a way to contribute. Pray that your family would work together as a team, working together in ways that are honoring to God and each other.
- **Day 20** - Encourage your kids. Through a note left on their pillow, a text message, or a conversation, tell them what you respect about them and how you see them moving forward. Pray for healthy and positive communication, and to see the best in your kids.
- **Day 21** - Create a family bucket list. As a group, what do you want to do? Pray that the vision of your family would be God-honoring.

*Have a great experience? We'd love to hear about it at [shareyourstory@calvary.ch](mailto:shareyourstory@calvary.ch).*